

REJUVENATE



SPA *at*
HOTEL MONACO

SPA SERVICES

Massage Therapy

CUSTOM MASSAGE

Choose from a range of massage therapy techniques including Swedish, deep tissue, sports or reflexology or ask your therapist to customize your massage treatment with a stress-busting combination of any or all of these techniques.

25 min: \$70 50 min: \$115 80 min: \$170

AROMA JOURNEY MASSAGE

Unwind during a sensory balancing massage experience with your choice of four Aromatherapy blends infused with essential oils - Harmony, Lavender, Soothing, or Revitalizing. Indulge your senses.

25 min: \$75 50 min: \$125 80 min: \$180

CALM MIND MASSAGE

Quiet the mind and soothe the body and spirit. Temples and scalp are massaged with Calm Mind Oil, a restorative blend of peppermint and lavender created to help relieve headache tension and stress. Lavender Body Oil is used to achieve an overall feeling of bliss as we customize your massage.

50 min: \$125 80 min: \$180

MOTHER-TO-BE HARMONY MASSAGE

Designed to address the special needs of the mother-to-be, we combine tried and tested safe pregnancy massage techniques with a Chinese geranium-infused oil that promotes feminine energy and has a harmonizing effect on women. Helps to relieve tension in your lower and upper back and alleviate swelling in the hands and feet. Mother to Be Massages are not recommended during the first tri-mester of pregnancy.

50 min: \$125 80 min: \$180

AROMA STONE MASSAGE

Melt your cares away while smooth, polished river rocks are heated and used to massage the body. Stones are left in patterns on the body to balance the energy centers. Revitalizing Body Oil adds a wonderful aromatic element to the experience with essences of rosemary, juniper and grapefruit to reduce stress, stimulate circulation, as well as balance and invigorate the body.

50 min: \$150 80 min: \$225

Skin Care

Kerstin Florian® Facial Treatments
Using pure, natural botanicals with wild-crafted ingredients.

REFRESHER FACIAL

A deep cleansing introductory facial based on organic Moor Mud, which refines and remineralizes dull, lifeless skin. Includes a skin analysis and short massage of the face and shoulders, as well as a heated hand treatment.

25 min: \$75

AROMATHERAPY FACIAL

Reconnect with nature, spirit and self with this deluxe facial based on the ancient and influential art of aromatherapy. Centered around a global bouquet of skin renewing aromatic oils, this facial imparts complete vitality and relaxation.

50 min: \$115

ANTIOXIDANT VITAMIN C FACIAL

This anti-aging facial utilizes ingredients brimming with antioxidants, including an application of a natural Spirulina Algae rich in protein, vitamins and botanical extracts, to combat premature aging, disrupt hyperpigmentation and provide skin with a healthy glow. Skin is noticeably smoother and younger-looking.

50 min: \$125

GENTLEMEN'S FACIAL

A deep-cleansing, therapeutic facial designed specifically for the special skin care needs of men. Relaxes the skin as it refines pores. Includes a luxurious facial massage and deep-cleansing masque. Specifically addresses sensitivity and razor burn.

50 min: \$115

* Facials are non-clinical and do not include extractions.

Body Treatments

LAVENDER DREAMS BODY SCRUB

Relax. Dreams of lavender fields kissed by the French sun envelop your senses as you drift on waves of blue. Breathe deeply; inhale the calming and balancing benefits of wild lavender in this completely balancing and rejuvenating spa experience. To begin, earthly minerals are combined with lavender's healing properties in an invigorating full body exfoliation. Next, nourish and relax inside a warm cocoon, after Lavender Body Spray is massaged into the body.

50 min: \$125 80 min: \$180

CHAMOMILE BODY SCRUB

Chamomile and gentle granulated pumice stone are swirled over the body to gently buff delicate skin types, followed by a chamomile bath gel loofah scrub. The treatment is completed with the application of a delicately scented chamomile body spray.

25 min: \$75 50 min: \$125

SPIRULINA BODY WRAP

Spirulina, rich in protein, vitamins, minerals and enzymes is harvested from pure salt lakes. This treatment helps to nourish, stimulate and revitalize. Your body is wrapped to soak up essential elements from the Spirulina Masque. Then Marine Firming Body Creme mixed with Lavender Body Oil is massaged into the skin to finish this purifying and firming treatment.

80 min: \$180

SUNLESS TANNING TREATMENT

This luxurious treatment begins with a gentle exfoliation and continues with an application of the Kerstin Florian Sunless Tanner with firming extracts to achieve the beauty ideal of healthy glowing skin. Includes a 4.4 oz Sunless Tanner to take with you to keep your tan alive for days to come.

50 min: \$155

* Body treatments are not available for expectant mothers.

After your in spa services...

Maintain this feeling of well being and harmony from your spa treatments—all Kerstin Florian products may be purchased and shipped to you free of charge.

How to Spa

Prepare yourself for your spa journey. The more relaxed you are, the more your treatments will enhance your well-being.

Please arrive at least fifteen minutes before your treatment. If you are late for an appointment we may have to shorten your treatment time in order to be on time for the next guest.

You are welcome to enjoy our sauna, steam and jacuzzi facilities before or after your treatments. These amenities are co-ed.

Luxurious bathrobes are provided for your comfort. You may leave your personal belongings in one of our lockers, but we advise against bringing valuables to your spa experience.

Gratuity is not included in your service. We leave it to your discretion.

A credit card is required to reserve all appointments. Please provide 4 hours notice for cancellations or changes to your reservations to avoid being charged for your treatments. Services starting before Noon need to be cancelled by 9pm the evening prior.

Guests of Kimpton hotels may charge their services to their room accounts. All major credit cards are accepted.

Please turn off your cell phones and other electronic devices once in our spa area.

Children under 16 are not allowed in the Spa. Please make arrangements for your little loved ones when arranging spa appointments.

To Schedule an Appointment

Call 415-901-3877
or dial ext. 877 from within the hotel
or email: SPA@HotelMonaco.com

Hours of Operation

9am – 9pm Sunday - Saturday

Services before and after hours are available by special request and subject to availability and a \$25 surcharge.

Location

Hotel Monaco
501 Geary Street at Taylor
Lower Level
San Francisco, CA 94102

www.monaco-sf.com



A KIMPTON® HOTEL